



## **Regatta Travel Hotel Policy**

### **Applicability:**

This policy relates to safety, logistics, and requirements for Junior rowers when participating in away regattas or other events necessitating an overnight stay.

### **Purpose:**

The purpose of this policy is to keep regatta travel safe, affordable, and organized, and to maintain a culture of athletic performance. Rowers rooming together with their teammates at overnight events is critical to the success of the team. It is a valuable opportunity for team bonding and individual growth. It helps to reinforce the idea that athletes are at these events to compete as a team, and as representatives of Albany Rowing Center. Keeping the team together also makes the trip much easier to supervise and manage from a coaching stand-point.

### **Policy:**

1. Athletes are at regattas as representatives of Albany Rowing Center and the ARC Code of Conduct will be enforced at all times.

#### 2. Hotel Reservations

- ARC reserves hotel rooms for all rowers (staying 3-4 per room). Additional rooms will be blocked off for parents to reserve on their own credit cards, should they choose to attend.
- ARC coaches assign rowers to rooms. No more than four athletes will ever be assigned to one room. There will never be mixed gender room assignments.
- ARC coaches determine athlete curfew times and conduct room checks. See “Athlete Supervision” below for more information regarding curfew and room checks.

#### 3. Hotel Fee

- The hotel fee is calculated by taking the total cost of all athlete rooms, divided by the total number of athletes competing at the regatta.
- Parents will be notified of this fee as far in advance as possible.
- All rowers pay an equal share of total trip fees to ARC in advance.
- If a parent decides to attend the regatta and would prefer to have his/her son or daughter stay in their room, that is permissible, however, that athlete's trip fee remains as calculated above. Coaches must be notified if this is the case.
- The hotel fee is in addition to the regular regatta fee paid at the beginning of the season.

#### 4. Travel

- Carpooling is highly recommended for keeping costs low. Rowers MAY NOT drive themselves to overnight away regattas under any circumstances.

- All rowers must arrive at the regattas at the times specified in advance by the ARC coaching staff.
- Rowers are not dismissed until their coach has dismissed them directly.

#### 5. Parent Participation

- Not all parents are required to attend all regattas, but they are responsible for making sure their son or daughter has transportation to and from every event, and for travel to and from the race course for the duration of each regatta.
- Parents who do attend regattas are there in a spectator and/or team chaperone capacity; it is expected that parents will respect the directions given to athletes by ARC's coaches and support ARC policies.

#### 6. Athlete Supervision

- ARC shall have at least two “on duty” staff members for each night of an overnight event. Athletes and parents will be notified in advance of which staff members are on duty, and contact information for those staff members will be provided. On-duty staff members shall not consume alcohol, and NO staff member shall consume alcohol in the presence of junior rowers.
- Athlete room checks will be conducted by the “on duty” coaching staff each night at a time specified and communicated earlier in the day. Staff shall only conduct room checks or enter athletes' rooms in pairs.